



Violence Against Women and Girl's (VAWG) Training Opportunities

April - June 2025

N.B. All of these courses are free and open to anyone who works or volunteers in Tower Hamlets or with Tower Hamlets residents in any capacity. For specific whole team training on any or several of the topics, please contact vawg@towerhamlets.gov.uk to discuss the options.

All sessions can be found by searching '[VAWG](#)' in the Learning Hub.

Important update - External partners please use these forms to apply:

[VAWG training external application form](#)

[Domestic Abuse training external application form](#)

Violence Against Women and Girls (VAWG) Professional Champion Course

This is a multi-day course of 2 days in person or 3 half days online.

Topics
<ul style="list-style-type: none">• Introduction to VAWG• Understanding:<ul style="list-style-type: none">◦ Domestic Abuse; Stalking & Harassment◦ Sexual Abuse• Understanding:<ul style="list-style-type: none">◦ Harmful Practices ('Honour' Based Abuse, Forced Marriage, Female Genital Mutilation)◦ Adult Sexual Exploitation & survival sex• Referral pathways and support• Risk Assessments and Safety Planning• Trauma informed Practice• Role of the VAWG Champion

Topic	Dates & Time
Dates full currently – please email vawg@towerhamlets.gov.uk to be put on the waiting list for new training dates later in the year.	

All sessions can be found by searching '[VAWG](#)' in the Learning Hub.

External partners please use these forms to apply:

[VAWG training external application form](#) and/or [Domestic Abuse training external application form](#)



Domestic Abuse Training

All sessions can be found by searching '[VAWG](#)' in the Learning Hub.

External partners please use these forms to apply for the following Domestic Abuse topics

[Domestic Abuse training external application form](#)

Topic	Dates & Time
<p>Adult Family Violence (AFV):</p> <p>A half day course which aims to enable the learner to grasp a deeper understanding of many different issues associated with adult family violence. A list of some of these issues include, definitions, estimates of the different types of assault, various forms of abuse and theories of AFV, the physical and psychological consequences of family violence, current treatments for both victims and perpetrators, and various policy recommendations aimed at ending family violence.</p> <p>The session will look at:</p> <ul style="list-style-type: none">• Definitions and Legislation regarding Domestic abuse and Adult Family Violence (AFV)• Recognising signs and symptoms of AFV• Professional acknowledgement and respect of the choices of victims whilst ensuring that they fulfil the legal requirement to safeguard victims• Awareness of how to protect and support the primary victim to safeguard children and any non-abusing vulnerable adults in the family• Use of enhanced assessment and referral processes implemented by multi-agency partnerships• Workforce training in responding to domestic abuse in key effective prevention and risk management.	<p>24/06/2025 10:00-13:00 MS Teams</p> <p>For those who have a Learning Hub log in - please apply via Learning Hub</p> <p>External staff please apply using this Domestic Abuse training external application form</p>
<p>Coercive Control:</p> <p>The Coercive Control session will enable delegates to identify and name the tactics used by abusers to control victims and to gain a greater understanding of how to use this information to present. The 'types' of economic abuse will be looked at as well as the hidden harms and impacts of economic abuse. While all forms of abuse are about power and control, coercive control is a strategic form of ongoing oppression and terrorism that invades all arenas of women's activities.</p>	<p>13/05/2025 10:00-13:00 MS Teams</p> <p>For those who have a Learning Hub log in - please apply via Learning Hub</p> <p>External staff please apply using this Domestic Abuse</p>

All sessions can be found by searching '[VAWG](#)' in the Learning Hub.

External partners please use these forms to apply:

[VAWG training external application form](#) and/or [Domestic Abuse training external application form](#)



<p>The session will look at:</p> <ul style="list-style-type: none">• Enhance learners' awareness of Coercive Control• Explaining and understanding in relation to definition and legislation• Identification of coercive behaviour and spotting the signs• Addressing strategies of gathering evidence and supporting clients• Discussing referral pathways and what professionals can do.	<p>training external application form</p>
<p><u>Intimate Partner Violence (IPV):</u></p> <p>A half day course which aims to develop participant's knowledge and skills in acknowledging and responding to disclosures of intimate partner abuse, signs of IPV, local referral processes and screening tools what we as professionals can do and inform as to what services are available for victims/survivors of intimate partner abuse.</p>	<p>10/06/2025 10:00-13:00 MS Teams</p> <p><i>For those who have a Learning Hub log in - please apply via Learning Hub</i></p> <p><i>External staff please apply using this Domestic Abuse training external application form</i></p>
<p><u>Understanding Economic Abuse with GamCare</u></p> <p>Within this course learners should be able to better understand the nature of economic abuse, definitions and legislations and the 'types' of economic abuse as well as well as the hidden harms and impacts of economic abuse.</p> <p>The session will look at:</p> <ul style="list-style-type: none">• The nature of economic abuse• Definitions and legislation in relation to economic abuse• The impacts of economic abuse• Recognising signs and symptoms of economic abuse• Recognising signs and symptoms of gambling related harms• The role of the Department of Work and Pensions and financial institutions when addressing victims of economic abuse• Prevention/Professional intervention within economic abuse• Creating awareness about safer gambling and treatment(s)	<p>Further Dates TBC</p> <p><i>For those who have a Learning Hub log in - please apply via Learning Hub</i></p> <p><i>External staff please apply using this Domestic Abuse training external application form</i></p>

All sessions can be found by searching '[VAWG](#)' in the Learning Hub.

External partners please use these forms to apply:

[VAWG training external application form](#) and/or [Domestic Abuse training external application form](#)



<ul style="list-style-type: none">Support services available.	
<p>Domestic Abuse Awareness</p> <p>This online course is suitable for professionals in any industry who have contact with children, young adults, adults and/or their families. The course is written at an introductory level and is suitable for workers of all levels, including recognising the signs of Domestic Abuse and work in a preventative manner with Service Users with care and support needs.</p> <p>The session will look at:</p> <ul style="list-style-type: none">Explain and demonstrate working with service users and their families/carers at risk of Domestic Abuse and the perpetrators.Explain and be able to apply theories and understanding in relation to Domestic AbuseDiscuss and recognise signs of the impact of Domestic Abuse and how to undertake the appropriate risk assessments. <p>Demonstrate how to meet the needs and concerns of a diverse range of survivors and addresses them appropriately by working proactively to ensure that a non-discriminatory service is accessible for those at risk or suffering the effects of Domestic Abuse.</p>	<p>05/06/2025 10:00-11:30 MS Teams</p> <p>For those who have a Learning Hub log in - please apply via Learning Hub</p> <p>External staff please apply using this Domestic Abuse training external application form</p>
<p>Stalking and Harassment Awareness</p> <p>Guest Presenter: Acting Police Sergeant Louise Hastings</p> <p>The session will look at:</p> <ul style="list-style-type: none">Raising awareness and providing the necessary tools to effectively recognise, respond to, and manage stalking and harassment behaviours.The legal definitions of stalking and harassmentThe psychological and emotional impact on victimsBest practices for supporting victims, reporting incidents, and preventing escalation. <p>Through real-world scenarios and case studies, this training equips professionals to safeguard individuals, maintain a safe environment, and ensure that appropriate action is taken in line with safety protocols and legal requirements.</p>	<p>01/05/2025 10:00 – 13:00 MS Teams</p> <p>For those who have a Learning Hub log in - please apply via Learning Hub</p> <p>External staff please apply using this Domestic Abuse training external application form</p>

All sessions can be found by searching '[VAWG](#)' in the Learning Hub.

External partners please use these forms to apply:

[VAWG training external application form](#) and/or [Domestic Abuse training external application form](#)



Other VAWG training

All sessions can be found by searching '[VAWG](#)' in the Learning Hub.

External partners please use these forms to apply for the following VAWG topics
[VAWG training external application form](#)

Topic	Dates & Time
<p>Trauma Informed Practice and VAWG:</p> <p>An interactive session to explore what trauma is in the context of Violence Against Women and Girls (VAWG), how it affects people differently, what trauma informed practice looks like and how to employ tools to help you work in a trauma informed way. It will address the effects of trauma on professionals, addressing vicarious trauma and strategies for self-care.</p> <p>The session will look at:</p> <ul style="list-style-type: none">• Definitions of trauma• Intersectionality• Understanding how trauma affects individuals• Practical tools of trauma informed practice• Responding to VAWG survivors• Addressing vicarious trauma and self-care	<p>14/04/2025 13:00-15:30 MS Teams</p> <p>16/06/2025 13:00-15:30 LBTH Town Hall</p> <p><i>For those who have a Learning Hub log in - please apply via Learning Hub</i></p> <p><i>External staff please apply using this VAWG training external application form</i></p>
<p>Allyship and Misogyny:</p> <p>This interactive workshop will help staff understand how misogyny and toxic masculinity are detrimental to all sexes and underpin VAWG. We will explore the importance of allyship and challenge our own bias in a non-judgemental and respectful space. We will discuss how we can make safe spaces for women and how male attendees can become official 'LBTH Male Allies'.</p> <p>The session will look at:</p> <ul style="list-style-type: none">• VAWG and Intersectionality• Misogyny and Toxic masculinity• Experiences of discrimination• How to be an ally• How to be a positive bystander to create safe spaces	<p>14/05/25 14:00-16:30 MS Teams</p> <p><i>For those who have a Learning Hub log in - please apply via Learning Hub</i></p> <p><i>External staff please apply using this VAWG training external application form</i></p>

All sessions can be found by searching '[VAWG](#)' in the Learning Hub.

External partners please use these forms to apply:
[VAWG training external application form](#) and/or [Domestic Abuse training external application form](#)



<p>Violence Against Women & Girls (VAWG) & Non-English Speakers:</p> <p>A webinar exploring language barriers and the impact this has on those experiencing a form of VAWG who do not speak English. You will learn from a domestic homicide review case study as well as understand best practice when utilising interpreters.</p> <p>The session will look at:</p> <ul style="list-style-type: none">• Understanding Violence Against Women & Girls (VAWG)• Barriers for non-English speakers accessing support• Domestic Homicide Review (DHR) case learning• Using interpreters best practice• Resources	<p>03/06/25 14:00-16:30 MS Teams</p> <p><i>For those who have a Learning Hub log in - please apply via Learning Hub</i></p> <p><i>External staff please apply using this VAWG training external application form</i></p>
<p>Harmful practices: 'Honour' based Violence and Forced Marriage:</p> <p>An interactive session for a better understanding about the dynamics of so-called honour-based abuse, how to recognise and respond to risk of forced marriage and where they overlap with other forms of Violence Against Women and Girls (VAWG).</p> <p>The session will look at:</p> <ul style="list-style-type: none">• Improving your understanding of 'honour' based abuse and forced marriage• Having confidence in identifying the risk factors/indicators and develop safety planning tools• Understanding Forced Marriage legislation and protection orders• Understanding the range of options available in the borough and to identify appropriate referral pathways	<p>01/05/25 13:00-16:00 LBTH Town Hall</p> <p><i>For those who have a Learning Hub log in - please apply via Learning Hub</i></p> <p><i>External staff please apply using this VAWG training external application form</i></p>
<p>Female Genital Mutilation Awareness:</p> <p>A session developed and co-delivered with local organisation Sister Circle.</p> <p>The session will look at:</p> <ul style="list-style-type: none">• An improved understanding of Female Genital Mutilation (FGM)• Increased awareness in recognising the risk factors/indicators	<p>19/06/25 10:00-12:30 MS Teams</p> <p><i>For those who have a Learning Hub log in - please apply via Learning Hub</i></p>

All sessions can be found by searching '[VAWG](#)' in the Learning Hub.

External partners please use these forms to apply:

[VAWG training external application form](#) and/or [Domestic Abuse training external application form](#)



<ul style="list-style-type: none">• An awareness of FGM protection orders• The range of options available for women in the borough and to identify appropriate referral pathways	<p>External staff please apply using this VAWG training external application form</p>
<p>Young People and Violence against Women and Girls:</p> <p>An interactive session looking at the specific experience of VAWG for young people.</p> <p>The session will look at:</p> <ul style="list-style-type: none">• Understand the different forms of gender-based violence that affect young people• To explore the barriers to disclosing abuse young people face• To develop skills in appropriately responding to disclosures and supporting young people• To understand the range of services in the borough and identify appropriate referrals within the borough	<p>17/06/25 10:00-12:30 MS Teams</p> <p>For those who have a Learning Hub log in - please apply via Learning Hub</p> <p>External staff please apply using this VAWG training external application form</p>
<p>Violence Against Women & Girls (VAWG) & Online Safety:</p> <p>A session looking at the overlap of VAWG and online spaces and consider measures to increase safety online.</p> <p>The session will look at:</p> <ul style="list-style-type: none">• To increase delegates' knowledge on how technology is used to carry out Violence Against Women and Girls (VAWG)• To gain an understanding of online abuse and its impact on adults and young people• To learn about resources that can support practitioners' work with their clients	<p>25/04/2025 10am-12.30pm MS Teams</p> <p>For those who have a Learning Hub log in - please apply via Learning Hub</p> <p>External staff please apply using this VAWG training external application form</p>
<p>Sexual Abuse Awareness:</p> <p>This session was developed with specialists the Havens on their procedures and the Survivors Gateway on providing telephone support to survivors.</p> <p>The session will look at:</p> <ul style="list-style-type: none">• The prevalence of sexual abuse nationally and locally• Definitions and dynamics of sexual abuse and consent• Impacts of sexual abuse• Myths and stereotypes around sexual abuse	<p>02/04/2025 1pm-3.30pm LBTH Town Hall</p> <p>For those who have a Learning Hub log in - please apply via Learning Hub</p> <p>External staff please apply using this VAWG training external application form</p>

All sessions can be found by searching '[VAWG](#)' in the Learning Hub.

External partners please use these forms to apply:

[VAWG training external application form](#) and/or [Domestic Abuse training external application form](#)



- Enabling and responding to disclosures
- To understand the range of options available in the borough and to identify appropriate referral pathways

All sessions can be found by searching '[VAWG](#)' in the Learning Hub.
Any queries or requests for specific whole team training, please contact:
vawg@towerhamlets.gov.uk

All sessions can be found by searching '[VAWG](#)' in the Learning Hub.

External partners please use these forms to apply:

[VAWG training external application form](#) and/or [Domestic Abuse training external application form](#)