



## Central East BCU — Bow East SNT Safer Neighbourhood Newsletter December 2025

### Your Safer Neighbourhood Team

Your Local SNT teams are overseen by

PS Chambers

Bow East

PC Gray, PC McCarthy, PC Guelfi,

PC Jarasiute PCSO Das ,

PCSO Christopher, PCSO Iftkhar

Safer Neighbourhood Officers conduct regular highly visible patrols across the ward to deter and disrupt criminal activity and anti-social behaviour. They also hold regular crime prevention events, public contact sessions and community meetings to hear about the issues that matter most to you

### Contact us

Your Safer Neighbourhood Ward phone, email and Social media accounts are **NOT** monitored 24/7 and are **NOT** intended for the public to report crimes on, instead please use the non-emergency number **101** or complete and online report .

**IN AN EMERGENCY DIAL 999**

### Bow East SNT contact us:

CEMailbox.BowEast@Met.Police.uk  
07554110168



### Social Media



### MET ENGAGE :

Get the most out of your neighborhood with **MET ENGAGE**. It's where communities come together, exchange recommendations. Read the latest local news and be made aware of upcoming events from public services.

Register with MET ENGAGE :

**[www.metengage.co.uk](http://www.metengage.co.uk)**

Sign Up for Met Engage & complete the Local Area survey at: <https://survey.metengage.co.uk>

### Neighbourhood Watch

Neighbourhood Watch is about people getting together with their neighbours to take action to reduce crime. They work by developing a close relationship between community members and the local Police. To find out what groups are active in your area and to register to join [London Borough of Tower Hamlets | Neighbourhood Watch Network \(ourwatch.org.uk\)](http://London Borough of Tower Hamlets | Neighbourhood Watch Network (ourwatch.org.uk))



**METROPOLITAN  
POLICE**





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### Community Engagement / Action :

Bow East SNT held a met engage event at the hub café Victoria park E3 during the Santa run. A number of people attended the event . you can know more about met engage by visiting [www.metengage.co.uk](http://www.metengage.co.uk)



Officers from **BOW EAST SNT** patrolled and conducted a bike marking event at Barge east E9. Bike safety measures as well as tips were given to residents and many bikes were marked



**You said:** speeding car / vehicle based ASB  
**We did** speed gun/speed check operation on ST. Stephens targeting speeding vehicle/ vehicle based ASB and pedestrian safety issues



### Violence against women and girls (VAWG) walk and talk

Bow East SNT conducted VAWG event at Hub café Victoria park E3. Crime prevention & safety advice was provided to residents, shopkeepers and visitors.





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### Crime in Your Area

If you have a problem in your area but don't want to talk to Police, Contact Crime Stoppers or Fearless.

These organizations are confidential and you will not be asked for your details.

**CrimeStoppers.** Speak up. Stay safe. **0800 555 111** 100% anonymous. Always. [DONATE](#) [GIVE INFORMATION ANONYMOUSLY](#)

GIVE INFORMATION SUPPORT US KEEPING SAFE ABOUT THE CHARITY PARTNER WITH US NEWS & CAMPAIGNS

Crime type	Tower Hamlets	Bow East
Theft and Handling	938	47
Violence	886	49
Burglary	278	20
Drugs	226	8
Criminal Damage	159	11
Robbery	114	8
Sex offences	85	8
Miscellaneous	31	1

**fearless** Part of Crimestoppers **0800 555 111** 100% anonymous. Always. [Give information anonymously](#)

What is Fearless? More Info News Parents/Guardians Professionals

### Upcoming Events

#### Bike marking scheme :

Thursday 29 January 2026 at 1300 hrs Tom Thumb's Arch, E3 London

#### VAWG Events :

Friday 23 January 2026 at 1900 hrs Barge East, White Post Lane E9

### Number of Crimes in your Area—December 2025

For a more in depth statistics and data for London please visit

<https://www.met.police.uk/sd/stats-and-data>

