



Central East BCU — Bow East SNT Safer Neighbourhood Newsletter December 2025

Your Safer Neighbourhood Team

Your Local SNT teams are overseen by

PS Chambers

Bow East

PC Gray, PC McCarthy, PC Guelfi,

PC Jarasiute PCSO Das ,

PCSO Christopher, PCSO Iftkhar

Safer Neighbourhood Officers conduct regular highly visible patrols across the ward to deter and disrupt criminal activity and anti-social behaviour. They also hold regular crime prevention events, public contact sessions and community meetings to hear about the issues that matter most to you

Contact us

Your Safer Neighbourhood Ward phone, email and Social media accounts are **NOT** monitored 24/7 and are **NOT** intended for the public to report crimes on, instead please use the non-emergency number **101** or complete and online report .

IN AN EMERGENCY DIAL 999

Bow East SNT contact us:

CEMailbox.BowEast@Met.Police.uk

07554110168



Social Media



MET ENGAGE :

Get the most out of your neighborhood with **MET ENGAGE**. It's where communities come together, exchange recommendations. Read the latest local news and be made aware of upcoming events from public services.

Register with MET ENGAGE :

www.metengage.co.uk

Sign Up for Met Engage & complete the Local Area survey at: **<https://survey.metengage.co.uk>**

Neighbourhood Watch

Neighbourhood Watch is about people getting together with their neighbours to take action to reduce crime. They work by developing a close relationship between community members and the local Police. To find out what groups are active in your area and to register to join [London Borough of Tower Hamlets | Neighbourhood Watch Network \(ourwatch.org.uk\)](https://ourwatch.org.uk)



METROPOLITAN
POLICE





Central East BCU — Bow East SNT

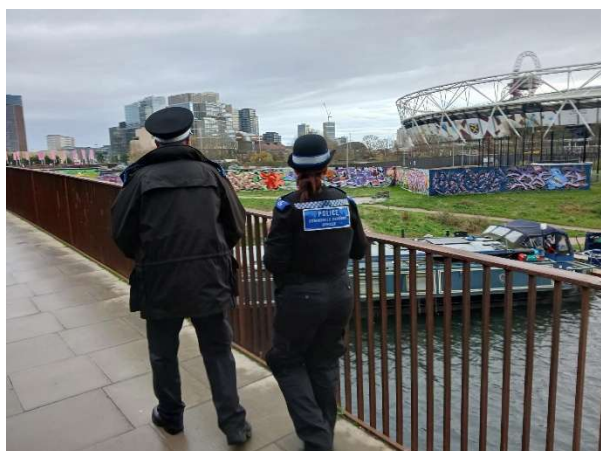
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Community Engagement / Action :

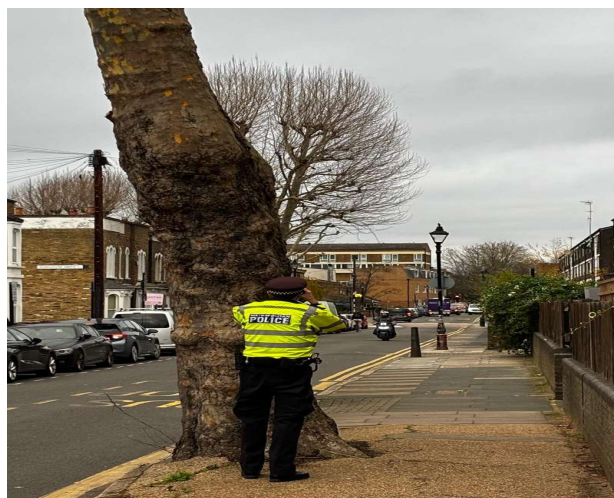
Bow East SNT held a met engage event at the hub café Victoria park E3 during the Santa run. A number of people attended the event. You can know more about met engage by visiting www.metengage.co.uk



Officers from **BOW EAST SNT** patrolled and conducted a bike marking event at Barge east E9. Bike safety measures as well as tips were given to residents and many bikes were marked

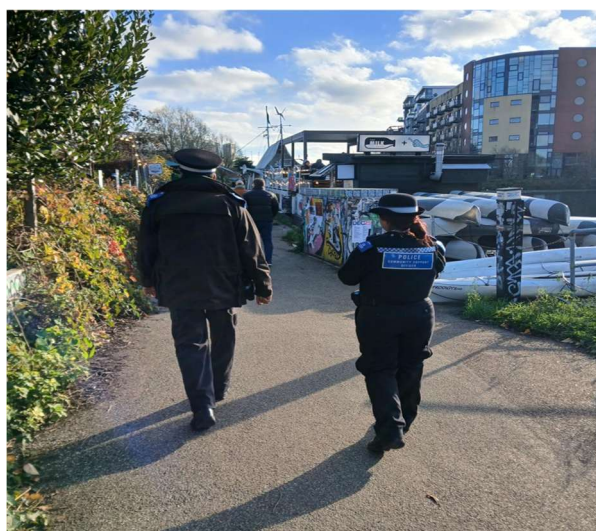


You said: speeding car/ vehicle based ASB
We did speed gun/speed check operation on ST. Stephens targeting speeding vehicle/ vehicle based ASB and pedestrian safety issues



Violence against women and girls (VAWG) walk and talk

Bow East SNT conducted VAWG event at Hub café Victoria park E3. Crime prevention & safety advice was provided to residents, shopkeepers and visitors.





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Crime in Your Area

If you have a problem in your area but don't want to talk to Police, Contact Crime Stoppers or Fearless.

These organizations are confidential and you will not be asked for your details.

CrimeStoppers.
Speak up. Stay safe.

0800 555 111
100% anonymous. Always.

[DONATE](#) [GIVE INFORMATION ANONYMOUSLY](#)

[GIVE INFORMATION](#) [SUPPORT US](#) [KEEPING SAFE](#) [ABOUT THE CHARITY](#) [PARTNER WITH US](#) [NEWS & CAMPAIGNS](#)

"Is Crimestoppers really anonymous?"

It's a question we're often asked. And the answer is that we are 100% anonymous. Always.

fearless
Part of Crimestoppers

0800 555 111
100% anonymous. Always.

[Give information anonymously](#)

[What is Fearless?](#) [More Info](#) [News](#) [Parents/Guardians](#) [Professionals](#)

What is Fearless?

Fearless enables young people to pass on information about crime 100% anonymously

Crime type	Tower Hamlets	Bow East
Theft and Handling	938	47
Violence	886	49
Burglary	278	20
Drugs	226	8
Criminal Damage	159	11
Robbery	114	8
Sex offences	85	8
Miscellaneous	31	1

Upcoming Events

Bike marking scheme :

Thursday 29 January 2026 at
1300 hrs Tom Thumb's Arch,
E3 London

VAWG Events :

Friday 23 January 2026 at 1900 hrs
Barge East, White Post Lane E9

Number of Crimes in your Area—December 2025

For a more in depth statistics and data for London please visit

<https://www.met.police.uk/sd/stats-and-data>



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